

**Jasmin Dirinpur**

**Social barriers to effective HIV prevention:**  
Stigma, peer pressure and the role of  
soccer-based programmes in South Africa

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*To Lailuma & Fariborz, and Ramin who have supported and encouraged all of my dreams and endeavours...*

*...and to those South Africans, young and old who have shown me, that if you start dreaming your dreams together, they might become reality.*



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<sup>1</sup> As the study was initiated and findings refer to the time before the merger with DED and InWEnt, 'GTZ' will be used in the following.



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## **LIST OF ABBREVIATIONS**

ABC	Abstain, Be faithful, Condomise
ABMP	African Media Broadcast Partnership against HIV/AIDS
AIDS	Acquired Immunodeficiency Syndrome
ART	Anti Retroviral Therapy
BMZ	German Federal Ministry of Economic Cooperation and Development
C	Control Group
CECAFA	Confederation of East and Central African Football Associations
COSAFA	Council of Southern African Football Associations
CRCT	Community Randomised Controlled Trial
DHS	Demographic and Health Survey
EC	Eastern Cape
ETH	Swiss Federal Institute of Technology Zurich
FIFA	Federation Internationale de Football Association
FS	Free State
GRS	Grassroot Soccer
GTZ	Deutsche Gesellschaft für Technische Zusammenarbeit GmbH
GIZ	Deutsche Gesellschaft für Internationale Zusammenarbeit GmbH
JHU/PCS	John Hopkins University Population Communication Services
HBM	Health Belief Model
HIV	Human Immunodeficiency Virus
HSRC	Human Sciences Research Council
IMB	Information-Motivation-Behavioural Skills
IV	Instrumental Variable
KZN	KwaZulu Natal
MP	Mpumalanga
NGO	Non Governmental Organisation
PEPFAR	President's Emergency Plan for AIDS Relief
PCA	Principal Component Analysis
RCT	Randomised Controlled Trial
RHRU	Reproductive Health and Research Unit
SASA	South African Scouts Association
SAFA	South African Football Association

## List of Abbreviations

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SRSA	Department of Sport and Recreation South Africa
SCT	Social Cognitive Theory
STI	Sexually Transmitted Infection
STUTVA	Stable Unit Treatment Value Assumption
T	Treatment Group
UNAIDS	United Nations Joint Programme on HIV/AIDS
VCT	Voluntary Counselling and Testing
WDR	World Development Report
WKU	WhizzKids United
YDF	Youth Development through Football